FREE FOR COACHES · GAME DAY

Basketball rotation sheet

Four quarters, a sub at the halfway mark of each one: 8 shifts. Write who's in for each shift so every kid gets the same time.

Opponent: _____ Date: _____ Gym: _____

Player	Q1 a	Q1 b	Q2 a	Q2 b	Q3 a	Q3 b	Q4 a	Q4 b	Shifts

How to use it. Five on the floor every shift. Count the shifts at the end: everyone should be within one of each other. Have 7 to 10 players? Pages 2 and 3 are already filled out. Just write names next to the numbers.

Skip the pencil next game

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READY-MADE ROTATIONS

7 and 8 players

Write a name next to each number. IN means on the floor for that shift.

7 players · everyone plays 5 or 6 of 8 shifts, nobody sits twice in a row

Player	Q1 a	Q1 b	Q2 a	Q2 b	Q3 a	Q3 b	Q4 a	Q4 b	Shifts
1. _____	IN	sit	IN	IN	sit	IN	IN	IN	6
2. _____	IN	IN	IN	sit	IN	IN	sit	IN	6
3. _____	IN	IN	sit	IN	IN	sit	IN	IN	6
4. _____	sit	IN	IN	sit	IN	IN	IN	sit	5
5. _____	sit	IN	IN	IN	sit	IN	IN	sit	5
6. _____	IN	IN	sit	IN	IN	IN	sit	IN	6
7. _____	IN	sit	IN	IN	IN	sit	IN	IN	6

8 players · everyone plays 5 of 8 shifts, nobody sits twice in a row

Player	Q1 a	Q1 b	Q2 a	Q2 b	Q3 a	Q3 b	Q4 a	Q4 b	Shifts
1. _____	IN	sit	IN	sit	IN	IN	sit	IN	5
2. _____	IN	IN	sit	IN	IN	sit	IN	sit	5
3. _____	IN	sit	IN	IN	sit	IN	IN	sit	5
4. _____	sit	IN	sit	IN	IN	sit	IN	IN	5
5. _____	sit	IN	IN	sit	IN	sit	IN	IN	5
6. _____	IN	IN	sit	IN	sit	IN	IN	sit	5
7. _____	IN	sit	IN	IN	sit	IN	sit	IN	5
8. _____	sit	IN	IN	sit	IN	IN	sit	IN	5

Late kid, early leaver, injury? The app rebuilds it in one tap
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READY-MADE ROTATIONS

9 and 10 players

Write a name next to each number. IN means on the floor for that shift.

9 players · everyone plays 4 or 5 of 8 shifts, nobody sits twice in a row

Player	Q1 a	Q1 b	Q2 a	Q2 b	Q3 a	Q3 b	Q4 a	Q4 b	Shifts
1. _____	sit	IN	IN	sit	IN	sit	IN	sit	4
2. _____	IN	IN	sit	IN	sit	IN	sit	IN	5
3. _____	IN	sit	IN	sit	IN	sit	IN	IN	5
4. _____	sit	IN	sit	IN	sit	IN	sit	IN	4
5. _____	sit	IN	sit	IN	sit	IN	IN	sit	4
6. _____	IN	sit	IN	IN	sit	IN	sit	IN	5
7. _____	IN	sit	IN	sit	IN	sit	IN	sit	4
8. _____	sit	IN	sit	IN	IN	sit	IN	sit	4
9. _____	IN	sit	IN	sit	IN	IN	sit	IN	5

10 players · everyone plays 4 of 8 shifts, nobody sits twice in a row

Player	Q1 a	Q1 b	Q2 a	Q2 b	Q3 a	Q3 b	Q4 a	Q4 b	Shifts
1. _____	sit	IN	sit	IN	sit	IN	sit	IN	4
2. _____	IN	sit	IN	sit	IN	sit	IN	sit	4
3. _____	IN	sit	IN	sit	IN	sit	IN	sit	4
4. _____	sit	IN	sit	IN	sit	IN	sit	IN	4
5. _____	sit	IN	sit	IN	sit	IN	sit	IN	4
6. _____	IN	sit	IN	sit	IN	sit	IN	sit	4
7. _____	IN	sit	IN	sit	IN	sit	IN	sit	4
8. _____	sit	IN	sit	IN	sit	IN	sit	IN	4
9. _____	IN	sit	IN	sit	IN	sit	IN	sit	4
10. _____	sit	IN	sit	IN	sit	IN	sit	IN	4

Fair playing time all season, tracked for you
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